



DIALOGUE PARTNERS

“Yes” means
Appreciation,
Acceptance,
Acknowledgment.

It does not mean
Agreement.

YES

and

The **“And”**
is adding to,
building off,
providing
the next step

PHRASE TO LEAD WITH

What I like about your idea is ... **AND** ...

QUESTIONS TO ASK YOURSELF

When leading a group, when might the attitude of
“Yes, and...” be important?

What effect might the “Yes, and...” attitude have
on your relationships and day to day interactions?



... **AND MORE**

Scan for **“what to remember”** & other tips.

Digital versions of all session materials
available on our website for download.



VALUE SPOTTING

Identifying opportunities or positive aspects.

Recognizing benefits or ethical considerations.

Goal: Maximize positives and align with values.

VS



PROBLEM SPOTTING

Identifying issues or challenges.

Focusing on deficiencies or inefficiencies.

Goal: Find and understand problems for solutions.

WAYS MEANINGFUL ENGAGEMENT CONNECTS TO IMPROV

Active Participation: Both require active involvement and genuine commitment in interactions.

Listening and Reacting: Participants must attentively listen to others and respond thoughtfully to create meaningful conversations.

Collaboration: Both often involve working together toward common goals, fostering collaboration.

Adaptability: The ability to adapt to changing dynamics and circumstances is essential for success.

Creativity: Both realms encourage creative thinking, be it for spontaneous storytelling or innovative problem-solving.

Building Connections: Both improv and meaningful engagement create opportunities to form connections, whether through shared humour or meaningful interactions that strengthen relationships.